NZC 2018-2019 deel 2 \#18242 - Almere-Poort (NED)

| Heren |  |  |  | Pnt. |  | Vorig persoonlijk record |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BEEKES, Roland - 1991 |  |  |  |  |  |  |  |  |
| 200 m vrije slag | series | 7. | 2:13.24 | 414 | 25m | 2:08.06 | 92.4\% | 11 mrt 2012 |
| 50m schoolslag | series | 5. | 33.55 | 426 | 25m | 32.66 | 94.8\% | 15 nov 2015 |
| BREE, Robbert Jan - 1991 |  |  |  |  |  |  |  |  |
| 200 m vrije slag | series | 4. | 2:08.95 | 457 | 25m | 2:07.61 | 97.9\% | 10 apr 2011 |
| 50m schoolslag | series | 4. | 33.11 | 443 | 25m | 33.17 | 100.4\% | 12 feb 2012 |
| DUIVENDIJK van, Jake - 2010 |  |  |  |  |  |  |  |  |
| 25 m vrije slag | series | 4. | 26.10 | - | 25m |  |  |  |
| 50m schoolslag | series | 2 | 1:00.51 | 72 | 25m | 59.56 | 96.9\% | 9 dec 2018 |
| GLOVER, Owen - 2009 |  |  |  |  |  |  |  |  |
| 25 m vrije slag | series | 2 | 22.20 | - | 25 m | 24.30 | 119.8\% | 14 okt 2018 |
| 50m schoolslag | series | 3. | 1:00.76 | 71 | 25m | 1:02.82 | 106.9\% | 9 dec 2018 |
| HUNTER, Alex-2002 |  |  |  |  |  |  |  |  |
| 200 m vrije slag | series | 2. | 2:12.67 | 420 | 25m | 2:19.66 | 110.8\% | 22 sep 2018 |
| 100m rugslag | $4 \times 100 \mathrm{~m}$ wisselslag, series | Estafette | 1:07.57 | 379 | 25m | 1:08.84 | 103.8\% | 7 okt 2018 |
| 100 m schoolslag | series | 1. | 1:17.30 | 372 | $25 m$ | 1:23.08 | 115.5\% | 18 mrt 2018 |


| MAFAIT, Joep - 2001 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 100 m vrije slag | 200m vrije slag, series | Tussentijd | 1:22.42 | 162 | 25m | 1:25.22 | 106.9\% | 22 apr 2018 |
| 200 m vrije slag | series | 6. | 2:51.28 | 195 | 25m | 3:30.21 | 150.6\% | 7 mei 2017 |
| 50m schoolslag | 100m schoolslag, series | Tussentijd | 43.34 | 197 | 25m | 48.77 | 126.6\% | 7 mei 2017 |
| 100m schoolslag | series | 5. | 1:30.62 | 231 | 25m | 1:48.72 | 143.9\% | 12 mrt 2017 |
| MAFAIT, Pim - 2004 |  |  |  |  |  |  |  |  |
| 200m rugslag | series | 5. | 2:49.70 | 241 | 25 m | 3:48.97 | 182.1\% | 2 okt 2016 |
| 100m vlinderslag | series | 5. | 1:22.71 | 196 | 25m | 1:44.61 | 160.0\% | 11 feb 2018 |
| OORD, Berend - 2004 |  |  |  |  |  |  |  |  |
| 100m vrije slag | $4 \times 100 \mathrm{~m}$ vrije slag, series | Estafette | 1:12.72 | 236 | 25m | 1:14.84 | 105.9\% | 4 nov 2018 |
| 200m rugslag | series | 7. | 3:00.83 | 199 | 25 m | 3:33.91 | 139.9\% | 19 mrt 2017 |
| 100m vlinderslag | series | 7. | 1:35.65 | 127 | 25m |  |  |  |
| PENNEKAMP, lan - 2001 |  |  |  |  |  |  |  |  |
| 100m vrije slag | 200m vrije slag, series | Tussentijd | 1:04.69 | 335 | 25m | 1:05.41 | 102.2\% | 12 feb 2017 |
| 200 m vrije slag | series | 1. | 2:10.49 | 441 | 25m | 2:17.53 | 111.1\% | 18 nov 2018 |
| 50m schoolslag | 100 m schoolslag, series | Tussentijd | 39.02 | 270 | 25m | 41.67 | 114.0\% | 7 okt 2018 |
| 100m schoolslag | series | 4. | 1:24.41 | 285 | 25m | 1:29.94 | 113.5\% | 7 okt 2018 |


| POST, Joep - 2000 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 200 m vrije slag | series | 6. | 2:12.39 | 422 | 25m | 2:09.52 | 95.7\% | 15 jan 2017 |
| 100m rugslag | $4 \times 100 \mathrm{~m}$ wisselslag, series | Estafette | 1:10.39 | 335 | 25m | 1:11.37 | 102.8\% | 22 apr 2018 |
| 50m schoolslag | series | 6. | 34.64 | 387 | 25m | 35.72 | 106.3\% | 7 okt 2018 |
| 100m vlinderslag | series | 6. | 1:11.46 | 304 | 25m | 1:06.77 | 87.3\% | 1 okt 2017 |
| PRUMMEL, Julian - 2005 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 2. | 1:04.80 | 333 | 25m | 1:04.81 | 100.0\% | 17 nov 2018 |
| 200m wisselslag | series | 2. | 2:52.22 | 257 | 25m | 2:49.93 | 97.4\% | 17 nov 2018 |
| RENKEMA, Josh - 2004 |  |  |  |  |  |  |  |  |
| 200m vrije slag | series | 18. | 3:21.55 | 119 | 25m | 3:27.26 | 105.7\% | 18 nov 2018 |
| 50m schoolslag | series | 18. | 59.05 | 78 | 25m | 58.22 | 97.2\% | 16 dec 2018 |
| SLIJP, Devi - 2008 |  |  |  |  |  |  |  |  |
| 50m rugslag | 100m rugslag, series | Tussentijd | 50.13 | 87 | 25m | 55.60 | 123.0\% | 14 okt 2018 |
| 100m rugslag | series | 2. | 1:43.34 | 105 | 25m | 1:55.03 | 123.9\% | 14 okt 2018 |
| 50m schoolslag | series | 4. | 52.66 | 110 | 25m | 55.82 | 112.4\% | 23 sep 2018 |
| WAVEREN van, Jules - 2002 |  |  |  |  |  |  |  |  |
| 200m vrije slag | series | 5. | 2:30.61 | 287 | 25m | 2:37.09 | 108.8\% | 18 mrt 2018 |
| 50m schoolslag | 100m schoolslag, series | Tussentijd | 43.74 | 192 | 25m | 47.92 | 120.0\% | 18 mrt 2018 |
| 100m schoolslag | series | 6. | 1:35.75 | 195 | 25m | 1:42.32 | 114.2\% | 18 mrt 2018 |


| WEERTMAN, Ferry - 1992 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 200m vrije slag | series | 1. | 1:51.22 | 713 | 25m | 1:45.57 | 90.1\% | 8 aug 2013 |
| 50m schoolslag | series | $1 .$ | 30.26 | 581 | 25m | 30.32 | 100.4\% | 15 nov 2015 |
| 100m vlinderslag | series | 1. | 58.05 | 568 | 25m | 56.74 | 95.5\% | 15 nov 2015 |
| WEERTMAN, Jarno-1990 |  |  |  |  |  |  |  |  |
| 200 m vrije slag | series | 5. | 2:10.78 | 438 | 25m | 2:01.06 | 85.7\% | 14 mrt 2010 |
| 100m vlinderslag | series | 4. | 1:04.20 | 420 | 25m | 1:01.59 | 92.0\% | 15 nov 2009 |
| Dames |  |  |  | Pnt. |  | Vorig per | k record |  |
| ADEL van den, Eva-2001 |  |  |  |  |  |  |  |  |
| 200m vrije slag | series | $1 .$ | 2:20.10 | 489 | 25m | 2:22.82 | 103.9\% | 2 okt 2016 |
| 50m schoolslag | series | 2. | 41.71 | 323 | 25m | 42.57 | 104.2\% | 14 jan 2018 |
| 100m vlinderslag | series | 1. | 1:11.46 | 446 | 25m | 1:08.62 | 92.2\% | 4 dec 2016 |
| BOORSMA, Mette - 2009 |  |  |  |  |  |  |  |  |
| 100m rugslag | series | 6. | 1:38.95 | 172 | 25m | 1:39.40 | 100.9\% | 10 jun 2018 |
| 50m schoolslag | series | 9. | 54.74 | 143 | 25m | 55.47 | 102.7\% | 23 sep 2018 |
| BROERE, Lieke - 2003 |  |  |  |  |  |  |  |  |
| 200m rugslag | series | 6. | 3:11.09 | 242 | 25m |  |  |  |

## CAUMON, Chiara - 2007

| 50m rugslag | 100m rugslag, series | Tussentijd | 45.10 | 184 | 25m | 49.14 | 118.7\% | 23 sep 2018 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 100m rugslag | series | 2. | 1:32.10 | 213 | 25 m | 1:41.42 | 121.3\% | 23 sep 2018 |
| 50m schoolslag | series | 3. | 48.17 | 210 | 25m | 48.96 | 103.3\% | 4 nov 2018 |
| DIJKHUIZEN, Fleur - 2002 |  |  |  |  |  |  |  |  |
| 200m vrije slag | series | 2. | 2:24.07 | 450 | 25m | 2:23.53 | 99.3\% | 13 nov 2016 |
| 100m schoolslag | series | 1. | 1:20.00 | 473 | 25m | 1:20.00 | 100.0\% | 7 jan 2017 |
| GRIJPINK, Frederique - 2010 |  |  |  |  |  |  |  |  |
| 25 m vrije slag | series | 7. | 23.91 | - | 25m | 26.27 | 120.7\% | 14 okt 2018 |
| 50m schoolslag | series | 5. | 1:00.67 | 105 | 25m | 1:03.92 | 111.0\% | 9 dec 2018 |
| GROOT de, Willemijn - 2005 |  |  |  |  |  |  |  |  |
| 50 m vrije slag | 100 m vrije slag, series | Tussentijd | 40.59 | 180 | 25 m | 38.58 | 90.3\% | 21 okt 2018 |
| 100m vrije slag | series | 10. | 1:22.00 | 230 | 25m | 1:22.28 | 100.7\% | 21 okt 2018 |
| 50 m vlinderslag | 200m wisselslag, series | Tussentijd | 50.29 | 113 | 25m | 57.28 | 129.7\% | 18 mrt 2018 |
| 200m wisselslag | series | 11. | 3:22.05 | 219 | 25m | 3:52.11 | 132.0\% | 18 mrt 2018 |
| HOMBERGH van den, Lara-2008 |  |  |  |  |  |  |  |  |
| 100m rugslag | series | 7. | 1:42.96 | 152 | 25m | 1:40.36 | 95.0\% | 14 okt 2018 |
| 50m schoolslag | series | 17. | 58.92 | 114 | 25m | 1:00.97 | 107.1\% | 23 sep 2018 |


| IRVINE, Eefje - 2007 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 100m vrije slag | series | 2. | 1:11.89 | 341 | 25m | 1:09.66 | 93.9\% | 16 dec 2018 |
| 100m rugslag | $4 \times 100 \mathrm{~m}$ wisselslag, series | Estafette | 1:19.60 | 330 | 25m | 1:18.48 | 97.2\% | 14 dec 2018 |
| 200m wisselslag | series | $3 .$ | 3:00.59 | 307 | 25m |  |  |  |
| IRVINE, Famke - 2005 |  |  |  |  |  |  |  |  |
| 100m vrije slag | series | 1. | 1:09.03 | 385 | 25m | 1:06.76 | 93.5\% | 24 nov 2018 |
| 200m wisselslag | series | 1. | 2:49.52 | 371 | 25m | 2:48.62 | 98.9\% | 21 okt 2018 |
| KOOPMANS, Marline - 2006 |  |  |  |  |  |  |  |  |
| 100 m vrije slag | series | 15. | 1:30.74 | 169 | 25m | 1:25.75 | 89.3\% | 21 okt 2018 |
| 100m rugslag | $4 \times 100 \mathrm{~m}$ wisselslag, series | Estafette | 1:35.64 | 190 | 25m | 1:38.43 | 105.9\% | 4 nov 2018 |
| 50 m vlinderslag | 200m wisselslag, series | Tussentijd | 47.04 | 139 | 25m | 47.57 | 102.3\% | 9 dec 2018 |
| 200m wisselslag | series | 12. | 3:28.24 | 200 | 25m |  |  |  |
| MALIPIERO, Daniela - GBR - 2009 |  |  |  |  |  |  |  |  |
| 100m rugslag | series | 1. | 1:31.46 | 217 | 25m | 1:38.10 | 115.0\% | 14 okt 2018 |
| 50m schoolslag | series | 2. | 48.17 | 210 | 25m | 48.68 | 102.1\% | 23 sep 2018 |
| NIJBURG van, Roos-2001 |  |  |  |  |  |  |  |  |
| 50m vrije slag | $4 \times 50 \mathrm{~m}$ vrije slag, series | Estafette | 33.09 | 332 | 25m | 34.11 | 106.3\% | 8 feb 2015 |
| 200m vrije slag | series | 5. | 2:45.37 | 297 | 25m | 2:41.30 | 95.1\% | 7 dec 2014 |
| 100m schoolslag | series | 7. | 1:40.96 | 235 | 25m | 1:38.20 | 94.6\% | 29 dec 2013 |

## PENNEKAMP, Nienke - 2003

| 200m rugslag | series | DIS | NT | - | 25m |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50 m vlinderslag | 100 m vlinderslag, series | Tussentijd | 46.20 | 146 | 25m | 44.62 | 93.3\% | 22 apr 2018 |
| 100m vlinderslag | series | 9. | 1:44.22 | 143 | 25m |  |  |  |
| POST, Anna-2003 |  |  |  |  |  |  |  |  |
| 50m rugslag | 200m rugslag, series | Tussentijd | 42.93 | 213 | 25m | 43.64 | 103.3\% | 4 feb 2018 |
| 200m rugslag | series | 4. | 3:06.49 | 261 | 25m | 3:05.14 | 98.6\% | 4 feb 2018 |
| 50m vlinderslag | 100 m vlinderslag, series | Tussentijd | 43.42 | 177 | 25m | 49.34 | 129.1\% | 8 mrt 2015 |
| 100m vlinderslag | series | 7. | 1:36.85 | 179 | 25m |  |  |  |
| RIJSDIJK, Jess - 2003 |  |  |  |  |  |  |  |  |
| 50m rugslag | 200m rugslag, series | Tussentijd | 39.79 | 268 | 25m | 42.01 | 111.5\% | 4 feb 2018 |
| 100m rugslag | 200m rugslag, series | Tussentijd | 1:24.30 | 278 | 25 m | 1:26.58 | 105.5\% | 4 feb 2018 |
| 200m rugslag | series | $\square^{2}$ | 2:54.63 | 318 | 25m | 3:05.53 | 112.9\% | 11 okt 2015 |
| 100m vlinderslag | series | 4. | 1:32.83 | 203 | 25m | 1:29.64 | 93.2\% | 8 jan 2017 |
| SENTJENS, Maud - 2006 |  |  |  |  |  |  |  |  |
| 50m vrije slag | 100m vrije slag, series | Tussentijd | 46.24 | 121 | 25m | 46.05 | 99.2\% | 23 sep 2018 |
| 100 m vrije slag | series | 17. | 1:39.01 | 130 | 25 m | 1:38.15 | 98.3\% | 23 sep 2018 |
| 200m wisselslag | series | 15. | 3:48.87 | 150 | 25 m |  |  |  |


| SLOP, Maartje - 2001 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 50m vrije slag | $4 \times 50 \mathrm{~m}$ vrije slag, series | Estafette | 29.50 | 469 | 25m | 29.68 | 101.2\% | 17 nov 2018 |
| 200m vrije slag | series | $\bigcirc$ | 2:21.02 | 480 | 25m | 2:26.51 | 107.9\% | 8 jan 2017 |
| 100m vlinderslag | series | $3 .$ | 1:18.22 | 340 | 25m | 1:12.53 | 86.0\% | 13 nov 2016 |
| SOMERS, Anne - 2009 |  |  |  |  |  |  |  |  |
| 25 m vrije slag | series | 4. | 20.20 | - | 25 m |  |  |  |
| 50m schoolslag | series | DIS | NT | - | 25m |  |  |  |
| SWART, Yuan Ame - 2006 |  |  |  |  |  |  |  |  |
| 50m vrije slag | 100 m vrije slag, series | Tussentijd | 40.44 | 182 | 25m | 38.81 | 92.1\% | 21 okt 2018 |
| 100m vrije slag | series | 9. | 1:21.23 | 236 | 25 m | 1:21.31 | 100.2\% | 21 okt 2018 |
| 200m wisselslag | series | 10. | 3:18.50 | 231 | 25m |  |  |  |
| THOMAS, Francesca-2006 |  |  |  |  |  |  |  |  |
| 50 m vrije slag | 100 m vrije slag, series | Tussentijd | 40.25 | 184 | 25 m | 41.02 | 103.9\% | 21 okt 2018 |
| 100m vrije slag | series | 12. | 1:25.28 | 204 | 25m | 1:29.85 | 111.0\% | 21 okt 2018 |
| 200m wisselslag | series | DIS | NT | - | 25m |  |  |  |


| Estafette |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Heren | $4 \times 100 \mathrm{~m}$ vrije slag | series | 3. | 5:02.95 | 221 | 25m | Oord B., Mafait P., Renkema J., Prummel J. |
| Heren | $4 \times 100 \mathrm{~m}$ wisselslag | series | $0_{1} .$ | 4:16.73 | 466 | 25m | Hunter A., Bree R., Weertman F., Weertman J. |
| Heren | $4 \times 100 \mathrm{~m}$ wisselslag | series | 4. | 4:47.33 | 333 | 25m | Post J., Beekes R., Pennekamp I., Prummel J. |
| Dames | $4 \times 50 \mathrm{~m}$ vrije slag | series | 1. | 1:58.64 | 495 | 25m | Slop M., Irvine F., Dijkhuizen F., van den Adel E. |
| Dames | $4 \times 50 \mathrm{~m}$ vrije slag | series | 4. | 2:11.57 | 363 | 25m | van Nijburg R., Post A., Rijsdijk J., Broere L. |
| Dames | $4 \times 100 \mathrm{~m}$ wisselslag | series | $\mathrm{O}_{1}$ | 5:32.45 | 310 | 25m | Irvine E., Swart Y., Irvine F., de Groot W. |
| Dames | $4 \times 100 \mathrm{~m}$ wisselslag | series | 3. | 6:29.30 | 193 | 25m | Koopmans M., Sentjens M., Thomas F., Caumon |

