

Competitie regio ronde 1

Korte baan (25m)

Heren			Pnt.		Vorig persoonlijk record			
BALZAR, Quinten - 2009								
50m vrije slag	series	 3.	48.65	72	25m	49.20	102.3%	12 mei 2019
100m wisselslag	series	DIS	NT	-	25m			
BEEKES, Roland - 1991								
50m rugslag	series	4.	31.62	347	25m	30.47	92.9%	12 feb 2012
100m schoolslag	series	10.	1:25.13	278	25m	1:16.42	80.6%	1 okt 2017
100m wisselslag	series	7.	1:09.97	370	25m	1:05.42	87.4%	30 sep 2012
BORGER, Bjorn - 2007								
50m rugslag	series	14.	50.80	83	25m	53.65	111.5%	27 jan 2019
100m wisselslag	series	14.	1:54.63	84	25m			
BREE, Robbert Jan - 1991								
50m rugslag	series	10.	33.47	292	25m	31.47	88.4%	7 okt 2018
100m schoolslag	series	 2.	1:14.47	416	25m	1:13.85	98.3%	2 okt 2016
100m wisselslag	series	 2.	1:05.39	454	25m	1:05.31	99.8%	7 okt 2018
DUIVENDIJK van, Jake - 2010								
50m vrije slag	series	 2.	46.63	82	25m	49.61	113.2%	29 sep 2019
100m wisselslag	series	DIS	NT	-	25m			

GLOVER, Owen - 2009

50m vrije slag	series	 1.	41.83	113	25m	42.16	101.6%	12 mei 2019
100m wisselslag	series	 1.	1:45.28	108	25m	1:49.83	108.8%	29 sep 2019

HENDRIKS, Julian - 2006

100m vrije slag	200m vrije slag, series	Tussentijd	1:46.15	75	25m	1:52.29	111.9%	17 mrt 2019
200m vrije slag	series	11.	3:43.83	87	25m	3:52.99	108.4%	17 mrt 2019
50m schoolslag	100m schoolslag, series	Tussentijd	1:32.80	20	25m			
100m schoolslag	series	10.	3:17.81	22	25m			

HUNTER, Alex - 2002

50m rugslag	4 x 50m wisselslag, series	Estafette	30.55	384	25m	32.07	110.2%	17 jun 2018
50m rugslag	100m rugslag, series	Tussentijd	31.71	344	25m			
100m rugslag	series	 1.	1:06.61	395	25m	1:07.57	102.9%	13 jan 2019
200m schoolslag	series	 3.	2:49.52	356	25m	2:53.50	104.8%	7 okt 2018

KOSTER, Christiaan - 2002

100m rugslag	series	6.	1:23.81	198	25m	1:23.48	99.2%	7 okt 2018
200m schoolslag	series	5.	3:12.45	243	25m	3:04.32	91.7%	7 okt 2018

MAFAIT, Bas - 1999

50m rugslag	series	12.	37.07	215	25m	37.17	100.5%	7 okt 2018
100m schoolslag	series	7.	1:22.60	305	25m	1:23.40	101.9%	7 okt 2018
100m wisselslag	series	12.	1:16.83	279	25m	1:15.05	95.4%	4 nov 2018

MAFAIT, Joep - 2001

50m rugslag	series	13.	40.78	161	25m	48.69	142.6%	22 apr 2018
50m schoolslag	100m schoolslag, series	Tussentijd	41.68	222	25m	43.34	108.1%	13 jan 2019
100m schoolslag	series	12.	1:28.28	249	25m	1:30.62	105.4%	13 jan 2019
100m wisselslag	series	13.	1:24.48	210	25m	1:40.99	142.9%	7 mei 2017

MAFAIT, Pim - 2004

50m vrije slag	200m vrije slag, series	Tussentijd	32.78	236	25m	32.36	97.5%	10 feb 2019
200m vrije slag	series	6.	2:23.15	334	25m	2:24.93	102.5%	25 nov 2018
50m schoolslag	100m schoolslag, series	Tussentijd	39.46	262	25m	39.49	100.2%	20 jan 2019
100m schoolslag	series	4.	1:22.89	301	25m	1:27.43	111.3%	9 dec 2018
100m vlinderslag Lap	4 x 100m wisselslag, series	Estafette	1:18.03	-	25m			

NIJBURG van, Nick - 1999

50m rugslag	series	7.	32.64	315	25m	31.37	92.4%	7 okt 2018
100m schoolslag	series	DIS	NT	-	25m			
100m wisselslag	series	8.	1:11.60	345	25m	1:03.16	77.8%	22 okt 2016

OORD, Berend - 2004

100m vrije slag	200m vrije slag, series	Tussentijd	1:14.80	216	25m	1:12.72	94.5%	13 jan 2019
200m vrije slag	series	9.	2:37.30	252	25m	2:50.54	117.5%	22 apr 2018
100m rugslag	4 x 100m wisselslag, series	Estafette	1:22.39	208	25m	1:25.23	107.0%	24 mrt 2019
100m schoolslag	series	8.	1:34.81	201	25m	1:33.85	98.0%	24 mrt 2019

PENNEKAMP, Ian - 2001

50m rugslag	series	5.	31.82	340	25m	34.19	115.5%	7 okt 2018
50m schoolslag	100m schoolslag, series	Tussentijd	40.22	247	25m	39.02	94.1%	13 jan 2019
100m schoolslag	series	9.	1:25.08	279	25m	1:24.41	98.4%	13 jan 2019
100m wisselslag	series	9.	1:11.66	345	25m	1:18.46	119.9%	27 nov 2016

POST, Joep - 2000

50m rugslag	series	8.	32.74	312	25m	32.21	96.8%	7 okt 2018
100m schoolslag	series	6.	1:20.39	331	25m	1:16.80	91.3%	7 okt 2018
100m wisselslag	series	 3.	1:05.66	448	25m	1:06.38	102.2%	4 nov 2018

PRUMMEL, Julian - 2005

200m vrije slag	series	 2.	2:16.62	384	25m	2:17.97	102.0%	24 mrt 2019
50m schoolslag	100m schoolslag, series	Tussentijd	39.20	267	25m	39.47	101.4%	25 nov 2018
100m schoolslag	series	6.	1:24.80	282	25m	1:27.30	106.0%	24 mrt 2019
100m schoolslag Lap	4 x 100m wisselslag, series	Estafette	1:23.07	-	25m			

RENKEMA, Josh - 2004

200m vrije slag	series	10.	3:20.09	122	25m	3:21.55	101.5%	13 jan 2019
50m schoolslag	100m schoolslag, series	Tussentijd	58.20	81	25m	58.22	100.1%	16 dec 2018
100m schoolslag	series	9.	2:02.91	92	25m	2:04.21	102.1%	16 dec 2018

SLIJP, Devi - 2008

200m rugslag	series	5.	3:23.16	140	25m			
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100m vlinderslag	series	9.	1:53.39	76	25m
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100m vrije slag Lap	4 x 100m wisselslag, series	Estafette	1:18.77	-	25m
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VERHOEFF, Merijn - 2006

50m rugslag	200m rugslag, series	Tussentijd	43.36	134	25m	41.97	93.7%	29 sep 2019
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200m rugslag	series	 3.	3:00.87	199	25m
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50m vlinderslag	100m vlinderslag, series	Tussentijd	43.75	122	25m
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100m vlinderslag	series	4.	1:36.47	123	25m
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WEERTMAN, Jarno - 1990

50m rugslag	series	 3.	31.33	356	25m	31.16	98.9%	2 okt 2016
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50m schoolslag	100m schoolslag, series	Tussentijd	36.43	332	25m
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100m schoolslag	series	4.	1:17.96	362	25m
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100m wisselslag	series	6.	1:08.34	397	25m	1:05.63	92.2%	30 sep 2012
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Dames

Pnt.

Vorig persoonlijk record

ADEL van den, Eva - 2001

50m rugslag	series	 2.	33.57	447	25m	32.50	93.7%	2 dec 2018
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100m schoolslag	series	7.	1:32.20	309	25m	1:32.02	99.6%	14 jan 2018
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100m wisselslag	series	 2.	1:12.70	469	25m	1:15.63	108.2%	10 jan 2016
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AERLE van, Marieke - 2009

50m vrije slag	series	 3.	42.61	155	25m			
100m wisselslag	series	5.	1:56.46	114	25m			

BOORSMA, Mette - 2009

50m vrije slag	series	 1.	36.91	239	25m	35.97	95.0%	12 mei 2019
100m wisselslag	series	 1.	1:34.50	213	25m	1:37.04	105.4%	29 sep 2019

BROERE, Lieke - 2003

100m rugslag	series	6.	1:27.29	250	25m	1:28.58	103.0%	2 apr 2018
100m wisselslag	series	14.	1:23.03	315	25m	1:23.81	101.9%	4 nov 2018

CLIJDESDALE, Geertje - 2009

50m vrije slag	series	6.	49.82	97	25m	47.51	90.9%	12 mei 2019
100m wisselslag	series	6.	2:02.99	96	25m	1:59.48	94.4%	29 sep 2019

CNOSSEN, Hildemarij - 2008

100m vrije slag	200m vrije slag, series	Tussentijd	1:39.76	127	25m	1:42.51	105.6%	29 sep 2019
200m vrije slag	series	15.	3:31.48	142	25m	3:33.95	102.3%	29 sep 2019
50m schoolslag	100m schoolslag, series	Tussentijd	50.52	180	25m	51.10	102.3%	12 mei 2019
100m schoolslag	series	14.	1:46.32	201	25m	1:55.49	118.0%	10 feb 2019

DIJKHUIZEN, Fleur - 2002

50m rugslag	series	6.	36.45	349	25m	36.73	101.5%	26 nov 2017
100m schoolslag	series	 2.	1:18.88	494	25m	1:20.00	102.9%	7 jan 2017

100m wisselslag	series	 3.	1:13.06	462	25m	1:13.60	101.5%	26 nov 2017
GRIJPINK, Frederique - 2010								
50m vrije slag	series	5.	46.18	122	25m	49.79	116.2%	27 jan 2019
100m wisselslag	series	4.	1:53.40	123	25m	1:51.91	97.4%	29 sep 2019
GROOT de, Willemijn - 2005								
50m vrije slag	200m vrije slag, series	Tussentijd	39.58	194	25m	38.58	95.0%	21 okt 2018
200m vrije slag	series	6.	2:48.46	281	25m	2:52.79	105.2%	24 mrt 2019
50m schoolslag	100m schoolslag, series	Tussentijd	45.48	247	25m	48.89	115.6%	23 sep 2018
100m schoolslag	series	5.	1:37.00	265	25m	1:45.97	119.3%	24 mrt 2019
100m vrije slag Lap	4 x 100m vrije slag, series	Estafette	1:13.30	-	25m			
IRVINE, Eefje - 2007								
100m vrije slag	4 x 100m vrije slag, series	Estafette	1:06.28	435	25m	1:09.66	110.5%	16 dec 2018
100m rugslag	200m rugslag, series	Tussentijd	1:14.71	399	25m	1:15.81	103.0%	10 feb 2019
200m rugslag	series	 1.	2:36.11	445	25m	2:44.04	110.4%	16 dec 2018
50m vlinderslag	100m vlinderslag, series	Tussentijd	35.96	311	25m	37.84	110.7%	25 nov 2018
100m vlinderslag	series	 1.	1:21.10	305	25m	1:27.19	115.6%	3 mrt 2019
IRVINE, Famke - 2005								
200m vrije slag	series	 2.	2:29.34	404	25m	2:25.09	94.4%	18 nov 2018
50m schoolslag	100m schoolslag, series	Tussentijd	43.30	286	25m	41.00	89.7%	24 mrt 2019

100m schoolslag	series	 2.	1:30.44	327	25m	1:26.71	91.9%	24 mrt 2019
100m vrije slag Lap	4 x 100m vrije slag, series	Estafette	1:07.67	-	25m			
KOOPMANS, Marline - 2006								
100m vrije slag	4 x 100m vrije slag, series	Estafette	1:22.13	229	25m	1:23.61	103.6%	17 mrt 2019
200m vrije slag	series	12.	3:05.44	211	25m	3:04.64	99.1%	24 mrt 2019
50m schoolslag	100m schoolslag, series	Tussentijd	48.59	203	25m	48.25	98.6%	9 dec 2018
100m schoolslag	series	12.	1:43.82	216	25m	1:42.64	97.7%	9 dec 2018
MALIPIERO, Daniela - GBR - 2009								
200m rugslag	series	 3.	3:07.75	256	25m			
100m vlinderslag	series	5.	1:49.10	125	25m			
METELEN, Nikki - 2009								
50m vrije slag	series	 2.	41.95	163	25m	48.22	132.1%	12 mei 2019
100m wisselslag	series	 2.	1:52.26	127	25m	1:55.35	105.6%	29 sep 2019
NIJBURG van, Roos - 2001								
50m rugslag	series	15.	39.04	284	25m	43.25	122.7%	11 mei 2014
100m schoolslag	series	10.	1:33.40	297	25m	1:38.20	110.5%	29 dec 2013
100m wisselslag	series	12.	1:20.15	350	25m	1:23.71	109.1%	18 mrt 2018
PENNEKAMP, Nienke - 2003								
50m rugslag	100m rugslag, series	Tussentijd	43.30	208	25m	43.09	99.0%	24 mrt 2019
100m rugslag	series	8.	1:28.78	238	25m	1:29.67	102.0%	24 mrt 2019

100m wisselslag	series	22.	1:30.25	245	25m	1:36.31	113.9%	27 nov 2016
POL van de, Manon - 2002								
50m rugslag	series	20.	40.54	253	25m	40.42	99.4%	21 okt 2018
100m wisselslag	series	15.	1:23.10	314	25m	1:27.02	109.7%	7 okt 2018
POST, Anna - 2003								
50m rugslag	100m rugslag, series	Tussentijd	43.51	205	25m	42.93	97.4%	13 jan 2019
100m rugslag	series	7.	1:27.93	245	25m	1:29.02	102.5%	24 mrt 2019
200m schoolslag	series	7.	3:34.11	248	25m	3:27.24	93.7%	24 mrt 2019
POST, Femke - 2003								
100m rugslag	series	11.	1:44.02	148	25m	1:49.30	110.4%	20 jan 2019
100m wisselslag	series	24.	1:40.92	175	25m			
RENKEMA, Eva - 2002								
50m vrije slag	4 x 50m vrije slag, series	Estafette	32.03	366	25m	31.26	95.2%	22 apr 2018
50m rugslag	series	18.	39.72	269	25m	38.60	94.4%	4 feb 2018
100m schoolslag	series	16.	1:37.77	259	25m	1:37.64	99.7%	13 nov 2016
100m wisselslag	series	16.	1:23.45	310	25m			
RENKEMA, Jenna - 2007								
200m vrije slag	series	5.	2:41.65	318	25m	2:45.62	105.0%	29 sep 2019
50m schoolslag	100m schoolslag, series	Tussentijd	46.70	228	25m	49.00	110.1%	4 nov 2018
100m schoolslag	series	7.	1:39.04	249	25m	1:45.82	114.2%	21 okt 2018

100m vrije slag Lap	4 x 100m vrije slag, series	Estafette	1:12.41	-	25m			
RIJSDIJK, Jess - 2003								
50m rugslag	100m rugslag, series	Tussentijd	40.34	257	25m	39.79	97.3%	13 jan 2019
100m rugslag	series	5.	1:22.48	296	25m	1:22.85	100.9%	24 mrt 2019
200m schoolslag	series	4.	3:27.61	272	25m	3:23.97	96.5%	10 feb 2019
SCHATTE OLIVIER van der, Anne - 1996								
50m rugslag	series	4.	34.06	428	25m	33.66	97.7%	2 dec 2018
100m schoolslag	series	11.	1:34.11	290	25m	1:31.71	95.0%	28 dec 2017
100m wisselslag	series	4.	1:14.19	441	25m	1:13.23	97.4%	26 nov 2017
SENTJENS, Maud - 2006								
200m vrije slag	series	14.	3:20.19	167	25m	3:18.94	98.8%	24 mrt 2019
100m schoolslag	series	11.	1:43.43	219	25m	1:42.03	97.3%	9 dec 2018
100m vrije slag Lap	4 x 100m vrije slag, series	Estafette	1:30.89	-	25m			
SIGSGAARD, Grith - 1972								
50m rugslag	series	11.	37.57	318	25m	37.80	101.2%	21 feb 2009
100m schoolslag	series	 3.	1:24.70	399	25m	1:24.59	99.7%	2 okt 2011
100m wisselslag	series	5.	1:17.32	390	25m	1:16.59	98.1%	21 feb 2009
SLOP, Maartje - 2001								
50m vrije slag	4 x 50m vrije slag, series	Estafette	29.93	449	25m	29.50	97.1%	13 jan 2019
50m rugslag	series	 3.	34.01	429	25m	34.66	103.9%	7 jan 2017

SOMERS, Anne - 2009								
50m vrije slag	series	4.	42.61	155	25m	46.54	119.3%	10 feb 2019
100m wisselslag	series	 3.	1:52.80	125	25m	1:52.53	99.5%	29 sep 2019
SWART, Yuan Ame - 2006								
100m vrije slag	200m vrije slag, series	Tussentijd	1:16.23	286	25m	1:21.23	113.5%	13 jan 2019
200m vrije slag	series	 3.	2:34.67	363	25m	2:45.79	114.9%	24 mrt 2019
50m schoolslag	100m schoolslag, series	Tussentijd	44.22	269	25m	44.11	99.5%	9 dec 2018
100m schoolslag	series	 3.	1:32.00	311	25m	1:33.64	103.6%	9 dec 2018
100m vrije slag Lap	4 x 100m vrije slag, series	Estafette	1:11.85	-	25m			
THOMAS, Francesca - 2006								
100m vrije slag	200m vrije slag, series	Tussentijd	1:23.87	215	25m	1:24.23	100.9%	17 mrt 2019
200m vrije slag	series	10.	2:58.49	236	25m	3:02.06	104.0%	20 jan 2019
50m schoolslag	100m schoolslag, series	Tussentijd	47.81	213	25m	46.91	96.3%	9 dec 2018
100m schoolslag	series	8.	1:41.77	230	25m	1:41.59	99.6%	9 dec 2018
100m vrije slag Lap	4 x 100m vrije slag, series	Estafette	1:21.79	-	25m			
VEEN, Anne - 1997								
50m rugslag	series	16.	39.30	278	25m	38.16	94.3%	1 feb 2015
100m wisselslag	series	18.	1:26.38	279	25m	1:23.27	92.9%	1 okt 2017
VERHOEFF, Isis - 2009								
50m rugslag	200m rugslag, series	Tussentijd	44.01	198	25m	44.52	102.3%	29 sep 2019

100m rugslag	200m rugslag, series	Tussentijd	1:32.73	208	25m	1:33.32	101.3%	29 sep 2019
200m rugslag	series	4.	3:16.37	223	25m			
50m vlinderslag	100m vlinderslag, series	Tussentijd	49.39	120	25m			
100m vlinderslag	series	6.	1:49.78	123	25m			

Estafette

Heren	4 x 50m wisselslag	series	DIS	NT	-	25m	Pennekamp I., Bree R., Beekes R., Weertman J.
Heren	4 x 50m wisselslag	series	 2.	1:58.33	446	25m	Hunter A., van Nijburg N., Post J., Prummel J.
Heren	4 x 100m wisselslag	series	 2.	5:22.26	236	25m	Oord B., Prummel J., Mafait P., Slijp D.
Dames	4 x 50m vrije slag	series	 1.	1:58.69	495	25m	Slop M., van der Schatte Olivier A., Dijkhuizen F., van den Adel E.
Dames	4 x 50m vrije slag	series	5.	2:05.06	423	25m	Renkema E., Rijsdijk J., Broere L., Sigsgaard G.
Dames	4 x 100m vrije slag	series	 1.	4:38.21	409	25m	Irvine E., Swart Y., Renkema J., Irvine F.
Dames	4 x 100m vrije slag	series	 3.	5:28.11	249	25m	Koopmans M., Sentjens M., de Groot W., Thomas F.